

FROZEN MEAL SERVICE (SPECIAL DIETS)

Agency: _____

For Delivery Week: _____

Name: _____

Route (Agency use only)

SPECIAL DIETS

Suitable for Gluten-Free, Lactose-Free, Low Sodium and Controlled Potassium & Phosphorus.

10012	___ Apple Braised Pork	GF	LF	LS
10017	___ Beef & Vegetable Casserole	GF	LF	LS
10018	___ Herbed Fish	GF	LF	LS
10020	___ Hawaiian Chicken	GF	LF	LS
10021	___ Turkey with Gravy	GF	LF	LS
10033	___ Chicken with Gravy	GF	LF	LS
10054	___ Beef Pot Roast	GF		LS

MINCED

17001	___ Beef Dinner		LF	
17002	___ Apple Braised Pork			
17003	___ Ham		LF	
17004	___ Chicken à la King			
17005	___ Turkey Dinner		LF	
17006	___ Pesto Chicken		LF	LS
17009	___ Pasta Primavera		LF	VV
17010	___ Beef Stew		LF	LS
17012	___ Honey Dijon Pork		LF	LS
17013	___ Vegetarian Stew		LF	LS V
17014	___ Sweet & Sour Chicken		LF	LS

PUREED

16001	___ Chicken à la King		
16002	___ Vegetable Lasagna	LF	
16003	___ Apple Braised Pork		
16004	___ Macaroni & Cheese		
16005	___ Shepherd's Pie		
16006	___ Turkey Dinner	LF	
16007	___ Beef & Vegetable Casserole	LF	
16009	___ Beef Pot Roast		
16011	___ Sweet & Sour Chicken		
16016	___ Meatloaf		
16017	___ Lemon Herb Fish		
16018	___ Chicken Cacciatore	LF	
16020	___ Spaghetti Bolognese		
16021	___ Turkey Casserole	LF	
16023	___ Creamed Salmon		

PUREED DESSERT

09011	___ Low Sugar Chocolate Mousse		V
09021	___ Low Sugar Strawberry Mousse	LF	LS
09041	___ Low Sugar Tangerine Mousse	LF	LS

THICKENED SOUP

13053	___ Broccoli		LF
13054	___ Carrot		
13055	___ Cauliflower		LF
13056	___ Chicken Noodle		LF
13057	___ Mushroom		
13058	___ Tomato Beef		LF

GLUTEN-FREE

10063	___ Vegetarian Dhal	GF	LF	VV
12141	___ Chicken Breast with Cheddar & Bacon Sauce	GF		
12164	___ Traditional Pot Roast	GF	LF	
12167	___ Lemon Herb Fish	GF	LF	LS

GF *Gluten-Free*
LF *Low Fat*
LS *Low Sodium*
V *Vegetarian*
VV *Vegan*

